

# Lighthouse Point 7v7 GIRLS SOCCER RULES 2018

- Two 25 min halves (3 minute halftime break)
- All players are required to wear shin guards NO exceptions. Players may not wear any item of equipment that may be Dangerous to themselves or others. If a player is required to Wear a medical bracelet please tape it up for the safety of Everyone participating in the game.
- No more than 7 players on the field at any time including the goal keeper. If one team has less than 7 players the opposing team must match with the same number of players. If a team has less than 5 players, they will be forced to forfeit the game.
- Substitutions are permitted on any goal kick or start of play. Your team can substitute on your throw in (if that team substitutes the other may). Please make sure to get the referee's permission prior to sending players on. If the coach needs to come on the field to tend to an injured player, that player must come out of the game.
- Playing time: Each player SHALL play a minimum of 50% of the game. Each player SHALL play in the first half.
- Offside will be called.
- 10 yard distance on free kicks.
- No slide tacking in the vicinity of another player. Automatic yellow card for first offense and red card on second offense. Team must play remainder of game down one man if issued a red card.
- 4 Goal differential - If a team is winning by 4 goals or more in the second halve of the game, they will be required to switch their scoring offense players to defense or have them substituted for other players.
- All other rules to confirm with FIFA regulations.
- Maximum of two coaches (wearing the LHP volunteer coach shirt Indicating background clearance) are permitted on sidelines

(strictly enforced). Head coach responsibility to adhere.

- No one is permitted behind the goals. Coaches must stay on their half of sideline.
- No parental coaching from sidelines. Please let the coaches coach their teams. All parents must be on the opposite sideline of the players and coaches to cheer on their players. In the event a player, coach, or a spectator is ejected from the game, he/she must leave the playing field immediately and go to the parking lot until the game is over. A refusal to leave in a timely manner will result in a forfeit of the game.
- Should a player or coach be ejected from a game the City of Lighthouse Point staff will determine if a suspension of future games is warranted.
- Please RESPECT the referees at all times. Remember, you are to set a good example for your players as they are watching your actions and behavior. If there is a disagreement on a call, please address it between quarters, at halftime, or after the game in a respectful manner.